Week 8:   
Career Goals Planning Worksheet

1. **Decide What You Want to Do: Setting Career Goal**

**Goal (Specific, Measurable, Achievable, Realistic, Timely)**

|  |
| --- |
|  |

**Benefits of Achieving Goal**

|  |
| --- |
|  |

**Costs to Achieving Goal**

|  |
| --- |
|  |

1. **Turn It Into Smaller Goals: Specific Objectives to Achieve Goal**

|  |
| --- |
| Objectives |
| 1. |
| 2. |
| 3. |

1. **Work Towards It: Plan to Meet Objectives**

Objective 1:

|  |  |  |  |
| --- | --- | --- | --- |
| Steps | Target Date | Date Reviewed | Date Completed |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |

Objective 2:

|  |  |  |  |
| --- | --- | --- | --- |
| Steps | Target Date | Date Reviewed | Date Completed |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |

Objective 3:

|  |  |  |  |
| --- | --- | --- | --- |
| Steps | Target Date | Date Reviewed | Date Completed |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |